

<Firstname> <Lastname>  
 <Address Line 1>  
 <Address Line 2>  
 <City>, <ST> <Zip>



## Visit with a doctor from anywhere, at anytime

Sign up with us today!

Dear <First Name>,

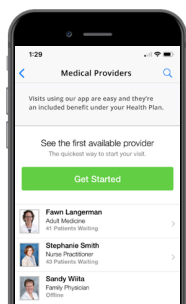
Virtual visits on NALCHBP Telehealth are an easy and affordable way to get 24/7 care for many common medical conditions, and it's a covered benefit with your health plan.

All you need to see a doctor from home or on the go is a smartphone, tablet, or computer. Discover why so many patients love using NALCHBP Telehealth to get care.

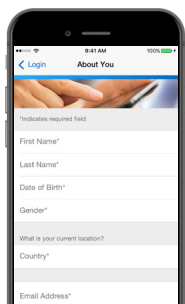
### Take advantage of your benefit:

- Access 24/7 urgent care from home or on the go.
- No appointments necessary for urgent care visits.
- All doctors are board-certified.
- Prescriptions can be sent to your pharmacy.
- Doctors can write a sick slip if needed.

### SIGNING UP IS EASY!



**1. Get Started**  
 Download the app or go to [nalchbptelehealth.org](http://nalchbptelehealth.org).



**2. Sign Up**  
 Enter your health plan ID to see your visit cost.



**3. Connect To A Doctor**  
 An online doctor is just a click or tap away.

# SIGN UP NOW!

Scan the QR code to get started



**Doctors on NALCHBP Telehealth can treat many common medical conditions, including:**

- Allergies
- Colds & flu
- COVID symptoms
- Insect bites
- Minor sprains, scrapes & bumps
- Pink eye
- Sinus infections
- Skin conditions
- Stomach flu
- Strep throat
- Urinary tract infections (UTIs)

# NALCHBP Telehealth makes it easy to get the care you need on your schedule.



## **24/7 Urgent care**

Speak with a doctor in minutes with a virtual visit. If you need a prescription, have it sent to the pharmacy of your choice.



## **Nutrition Counseling**

Personalized advice and diet plans from registered dietitians based on your goals and health concerns.



## **Breastfeeding support**

Schedule an appointment with a registered lactation consultant to get help with common breastfeeding issues.



## **Women's Health**

You can get personalized women's health care and support with a virtual visit. Whether it's for contraceptives, perinatal care, or menopause, you can see a doctor from the comfort and privacy of home.



## **SIGNING UP IS EASY AND TAKES JUST A FEW MINUTES.**

Scan the QR code, download the NALCHBP Telehealth, or visit [nalchbptelehealth.org](https://nalchbptelehealth.org) to get started.