



Sign up for
NALCHBP
Telehealth today!



<Firstname> <Lastname>
<Address Line 1>
<Address Line 2>
<City>, <ST> <Zip>



You have access to virtual care with NALCHBP Telehealth

Dear <First Name>,

With NALCHBP Telehealth, healthcare has never been more accessible or convenient. You have access to board-certified doctors, dermatologists, registered dietitians and lactation consultants. All you need is a smartphone, tablet, or computer to get started. Plus, it's a covered benefit for NALC employees.

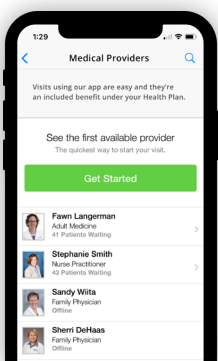
Make the most of virtual care:

- Access **24/7 urgent care** from anywhere, no appointment needed.
- Get **prescriptions** sent to your pharmacy, if needed.*
- See **board-certified doctors** to get a treatment plan for common medical conditions and get sick slips if needed.

Commonly treated conditions

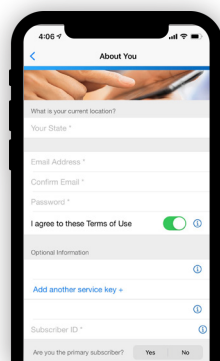
- Allergies
- Colds & flu
- COVID-19 symptoms
- Insect bites
- Minor sprains, scrapes, and bumps
- Pink eye
- Sinus infections
- Skin conditions
- Stomach flu
- Strep throat
- Urinary tract infections (UTIs)

Signing up is simple!



1. Get started

Download the NALCHBP Telehealth app or visit www.nalchbptelehealth.org.



2. Sign up

Enter your health plan ID to see your visit cost.



3. Connect to a doctor

An online visit is just a click or tap away.

Other care options available to you using NALCHBP Telehealth



24/7 Urgent Care

Speak with a doctor within minutes to get a treatment plan and a prescription sent to your pharmacy if needed.*



Dermatology

Have skin, hair or nail concerns? Just upload photos of the affected area to get a diagnosis and treatment plan from a board-certified dermatologist.



Nutrition Counseling

Let a registered dietician help you get the most out of every meal with personalized nutrition advice and plans.



Breastfeeding Support

Get help with common breastfeeding issues by working with a registered lactation consultant.



Signing up is quick and easy.

Scan the QR code, download the NALCHBP Telehealth app or visit www.nalchbptelehealth.org to get started.

*Prescription availability is defined by physician judgment. Prescriptions determined to be a “controlled substance” (as defined by the Controlled Substances Act under federal law) cannot be prescribed using NALCHBP Telehealth.