



High Option
 NATIONAL ASSOCIATION OF LETTER CARRIERS
HEALTH BENEFIT PLAN



20547 Waverly Court, Ashburn, Virginia 20149 • (703)729-4677 or 1-888-636-NALC (6252)
 Fredric V. Rolando, President • Brian E. Hellman, Director

**HIPAA Privacy Rule
 Authorized Representative Form**

Member Name _____ Member # _____
(as it appears on the Member Identification Card)

Section A — Purpose

This form allows you (the "Individual") to give the NALC Health Benefit Plan permission (authorization) to disclose your protected health information (PHI) to a person that will act as your Authorized Representative. The information covered by this authorization is PHI, including identification of treating providers of care; diagnoses; procedures; and personal information, such as your date of birth and mailing address.

Each adult family member, including each adult child (age 18 or older, or as determined by state law), who wishes to have someone act as their Authorized Representative must complete an authorization form. For example, if you expect your spouse to call us on your behalf, you need to fill out this form. **You are not required to name an Authorized Representative, but if you do not,** we will not release your PHI to someone who may contact us on your behalf. Your Authorized Representative may be anyone of your choosing, such as a spouse, parent, child, friend, congressman, or Union representative. If you need additional forms, you may copy this form, call us, or go to www.nalchbp.org.

Please note: This authorization does not give your Authorized Representative authority, either implied or direct, over any treatment or direct care decisions. Also, we will not condition enrollment, eligibility for benefits, or benefits payments on your completion of this form. If this form is not filled out correctly and completely, it will not be honored.

Section B — Individual's Information *(Individual appointing an Authorized Representative)*

I authorize the NALC Health Benefit Plan to treat the person(s) named in Section C as my Authorized Representative(s) as set forth therein.

My Name _____ Date of Birth _____

Daytime Phone () _____ Relationship to Member _____

Section C — Authorized Use and/or Disclosure

I understand that the Plan will not disclose my PHI, except for the purpose of treatment, payment, and health care operations, or as required by law, without my written authorization. For this reason, **I authorize you to disclose my PHI to the person(s) named in Section C** for the purpose(s) set forth herein. I understand that the information disclosed pursuant to this authorization may no longer be protected by federal or applicable state privacy laws, and my Authorized Representative may further disclose my PHI without my authorization. I acknowledge that my authorization is voluntary.

I understand that I have the right to limit the information you release under this authorization. For example, I may limit an Authorized Representative's access to information only about a particular provider or diagnosis/disease; or I may allow an Authorized Representative access to everything except information from a particular provider or about a particular diagnosis/disease. Any such limitations must be described below.

Board of Trustees
 Lawrence D. Brown, Jr., Ch. Randall L. Keller Michael J. Gill

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I authorize the NALC Health Benefit Plan to release/disclose PHI as follows:

Authorized Representative #1

Full Name _____ Phone Number _____
(please print)

Relationship to You _____
(such as: spouse, parent, child, HBR, friend)

Release the following information about me (check all that apply):

Entire Claims Record Claims Record from (specify dates) _____ to _____
 The following claim record (specify dates) of services, name(s) of provider(s), diagnosis, other information

For the purposes of (check all that apply):

Further Medical Care Personal
 Health Eligibility/Benefits Changing Providers
 Legal Investigation or Action Other (specify):
 At my request

I authorize the NALC Health Benefit Plan to release/disclose PHI as follows:

Authorized Representative #2

Full Name _____ Phone Number _____
(please print)

Relationship to You _____
(such as: spouse, parent, child, HBR, friend)

Release the following information about me (check all that apply):

Entire Claims Record Claims Record from (specify dates) _____ to _____
 The following claim record (specify dates) of services, name(s) of provider(s), diagnosis, other information

For the purposes of (check all that apply):

Further Medical Care Personal
 Health Eligibility/Benefits Changing Providers
 Legal Investigation or Action Other (specify):
 At my request

Attach separate page to list additional Representatives

Section D — Expiration and Revocation

This authorization to release information to my Authorized Representative will not expire unless you give an expiration date.

This Authorization expires: _____ Has no expiration

I understand that I have the right to revoke or end this authorization at any time by giving written notice of my decision to the Privacy Officer at the address shown below. Simply submitting a new authorization form designating another Authorized Representative will not revoke this authorization. I understand that my revocation of this authorization will not affect any action that you have taken or information that you have already released, based upon the authorization, before you receive my request to revoke authorization.

**Privacy Officer
NALC Health Benefit Plan
20547 Waverly Court
Ashburn, VA 20149**

Section E — Signature / Authorization

I, _____, have had full opportunity to read and consider the content of this form. I understand that by signing this form, I am confirming my authorization that the NALC Health Benefit Plan may disclose my PHI to the person(s) named on this form, for the purpose described above.

Signature _____ Date _____

(Signature must be the same as the name listed in Section B – Individual's Information)

Please complete and sign this form, and return it to our Privacy Officer, at the address shown in Section D. A pre-addressed envelope is enclosed for your convenience. You are entitled to a copy of this completed form.