



NALC
Health Benefit Plan



telehealth

20547 Waverly Court
Ashburn, VA 20149

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U.S. POSTAGE
PAID
CINCINNATI, OH
PERMIT NO. 5645

A new season means a new reason to get care.

Whatever yours is, we've got you covered.

The change of seasons can bring many unexpected things: gatherings with guests who decided to drop in, a last-minute cabin trip, and of course — the flu, colds, or COVID. Using NALCHBP Telehealth, you can see a doctor in minutes for many common conditions. It's convenient care for you that's covered under your NALCHBP Telehealth benefit.



See a doctor in minutes for many common health concerns and minor injuries.



Get prescriptions sent to your pharmacy of choice.



Have a doctor visit no matter where you are, 24/7, including holidays and weekends.

DON'T MISS OUT – SIGN UP FOR NALCHBP TELEHEALTH TODAY!

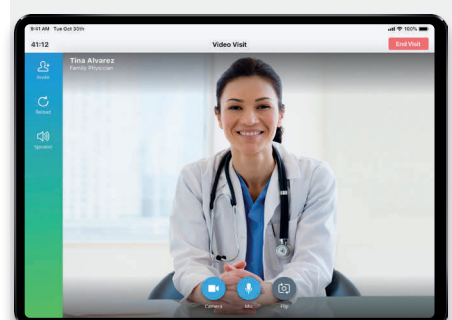
GO TO NALCHBPTELEHEALTH.ORG OR DOWNLOAD THE APP TO SIGN UP!

SIGN UP NOW!



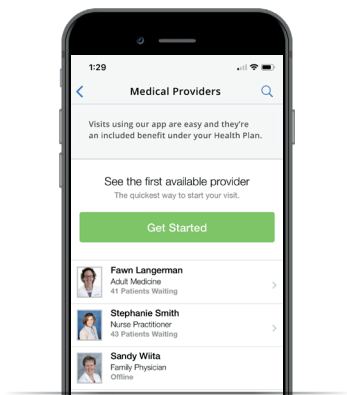
Commonly treated conditions:

- Allergies
- COVID symptoms
- Flu
- Insect bites
- Minor sprains, scrapes & bumps
- Pink eye
- Sinus infections
- Skin conditions
- Stomach flu
- Strep throat
- Urinary tract infections (UTIs)



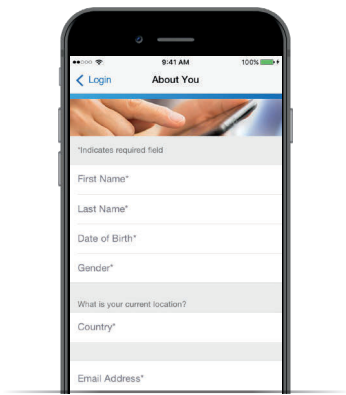
NALCHBP Telehealth brings the best healthcare providers right to you and your family.

SIGNING UP IS EASY AS 1-2-3!



1. Get Started

Download the app or go to nalchbptelehealth.org.



2. Sign Up

Enter your health plan ID to see your visit cost.



3. Connect To A Doctor

Peace of mind is just a click or call away.

NALC Health Benefit Plan Member Portal

You can connect directly to your **NALCHBP Telehealth** account by a single sign on feature located in our new NALC Health Benefit Plan Member Access Portal. In addition, you will be able to view your personal health care information such as benefits and annual out-of-pocket and deductible amounts.

Visit www.nalchbp.org to log in or register.

