

20547 Waverly Court Ashburn, VA 20149

### Sign Up for Urgent Care!

Visit with a doctor online in minutes, 24/7.

Visits using NALCHBP Telehealth are easy and they are a covered benefit under your NALC Health Benefit Plan.

Sign up today so you can visit with a doctor\* in minutes the next time you're sick. It's a great option for care when your own doctor isn't available.

### NALCHBP Telehealth can help you:



**See a doctor in minutes** for colds, COVID-19 symptoms, sinus infections, pink eye, UTIs, seasonal allergies, and more.



**Get prescriptions** sent to the pharmacy of your choice when needed, quickly and easily.\*\*



**Have a visit** wherever you are at any time, 24/7, including holidays.

# **GO TO NALCHBPTELEHEALTH.ORG**OR DOWNLOAD THE FREE MOBILE APP TO SIGN UP!



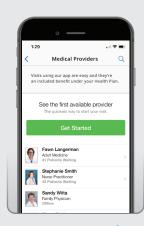
## ARE YOU VISIT READY?

SIGN UP TODAY
AND BE READY
WHEN YOU
NEED TO SEE A
DOCTOR.

**≰** App Store



### **SIGNING UP IS SIMPLE!**



**1. Get Started**Download the app or go to nalchbptelehealth.org.



2. Sign Up
Enter your health plan ID
to see your visit cost. Your
copay is only \$10.



**3. Connect To A Doctor** An online doctor is just a click away, or you may call 888-541-7706.

### **Commonly Treated Conditions**

Allergies

Cuts & Scrapes

Pink Eye

Asthma

Earaches

Poison Ivy

Back Pain

Headaches

Sinus Infection

Cold & Flu

Insect Bites

Sore Throat

#### **HEAR WHAT OTHERS HAVE TO SAY ABOUT ONLINE DOCTOR VISITS:**

"Wow, this was an amazing experience. The service was quick and convenient and the doctor was awesome. She sent my prescription right to my pharmacy and made sure all my questions were answered. Very impressed and would highly recommend."

— M.G.

"Great experience and convenient!! Once you have completed the initial paperwork and insurance questions, it is just a matter of choosing a physician and waiting for them to connect to your phone. I would recommend this service - it's not only cheaper than going to my regular doctor, it also doesn't require me to have to drive 30 minutes to his office! Plus as I waited for my appointment, I was able to complete other tasks around my home."

— MamaStephB

"Awesome service. Telehealth is the new way to feel better. I don't have to leave the comfort of my home. I feel safe knowing I won't be judged and the doctor I'm speaking with is always clear and concise. It is amazing to think waiting in a waiting room and potentially catching something in a doctor's office is almost a thing of the past."

— callmelydss23

<sup>\*</sup> NALCHBP Telehealth providers may include doctors and advanced practice providers.

<sup>\*\*</sup> Prescription availability is defined by physician judgment.