



<Firstname> <Lastname> <Address Line 1> <Address Line 2> <City>, <ST> <Zip>

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# See a doctor online — it's easy!

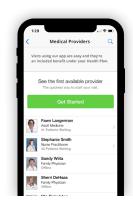
Dear <First Name>,

As an NALC member you have access to board-certified doctors, 24/7 on NALCHBP Telehealth. With NALCHBP Telehealth you can have a visit with a doctor online in minutes.

### Make the most of virtual care:

- Access 24/7 urgent care from anywhere, no appointment needed.
- Get prescriptions sent to your pharmacy, if needed.\*
- See **board-certified doctors** to get a treatment plan for common medical conditions and get sick slips if needed.

## Signing up is simple!



1. Get started

Download the NALCHBP Telehealth app or visit www.nalchbptelehealth.org



2. Sign up

Enter your health plan ID to see your visit cost.



3. Connect to a doctor

An online visit is just a click or tap away.

# Sign up today!





## **Commonly treated** conditions

- Allergies
- · Colds & flu
- COVID-19 symptoms
- Insect bites
- Minor sprains, scrapes, and bumps
- Pink eye
- Sinus infections
- Skin conditions
- Stomach flu
- Strep throat
- Urinary tract infections (UTIs)

# Other care options available to you using NALCHBP Telehealth



#### 24/7 Urgent Care

Speak with a doctor within minutes to get a treatment plan and a prescription sent to your pharmacy if needed.\*



### **Nutrition Counseling**

Let a registered dietician help you get the most out of every meal with personalized nutrition advice and plans.



### **Breastfeeding Support**

Get help with common breastfeeding issues by working with a registered lactation consultant.



## Signing up is quick and easy.

Scan the QR code, download the NALCHBP Telehealth app, or visit www.nalchbptelehealth.org to get started.