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<First Name> <Last Name>
<Address 1>
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<City> <ZIP code> <State>
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Sick happens. Be ready.

Use NALCBHP Telehealth for 24/7 access to a board-certified doctor.



Talk to a doctor in minutes with no appointment or long wait times. It's a great option for care when your doctor isn't available and more convenient than a trip to urgent care. And video visits through NALCHBP Telehealth are a covered benefit under your plan.

Use NALCHBP Telehealth and you can:

- **1.** Visit with a board-certified doctor 24/7 on your smartphone, tablet or computer.
- **2.** Get care for common health problems like the flu, a cold, cough, fever, sinus infections, pink eye, skin rash and more.
- **3.** Feel better faster. Doctors can assess your condition, provide a treatment plan and send a prescription to the pharmacy of your choice.*

You'll pay just a \$10 copay through your NALC Health Benefit Plan.

Sign up for free today.

Go to nalchbptelehealth.org or download the app and sign up on your mobile device.

People who use telehealth love it!

Almost 90% of people who've used telehealth were satisfied with their visit and would use it again.**





^{*} Prescription availability is defined by physician judgment.

^{**} According to typical post visit survey data from American Well clients.