



HEALTHY CHOICES

DESERVE

HEALTHY DISCOUNTS

Start saving today with Cigna Healthy Rewards®*

Just use your medical insurance ID card when you pay and let the savings begin.

Get discounts on the health products and programs you use every day for:

- › Weight management and nutrition
- › Fitness
- › Mind/body
- › Vision and hearing care
- › Alternative medicine
- › Healthy lifestyle

Real brands. Real discounts. Real awesomeness.

* Healthy Rewards is a discount program. Some Healthy Rewards programs are not available in all states and programs may be discontinued at any time. If your health plan includes coverage for any of these services, this program is in addition to, not instead of, your plan benefits. Healthy Rewards programs are separate from your plan benefits. **A discount program is NOT insurance, and you must pay the entire discounted charge.** All goods, services and discounts offered through Healthy Rewards are provided by third parties who are solely responsible for their products, services and discounts.



To start saving today, visit **nalc.yourcareallies.com** for High Option members, and **myCigna.com** for CDHP/Value members.

For any plan, once logged on, please go to: “Wellness” tab, then to “Rewards & Programs”, and then to “Healthy Rewards-Discount Programs”.

Or call **800.870.3470**.

